



Event Program

08:30 | Introduction – Richard Mills



08:40 | **Kate Bellosillo**

General Manager
Kyani Philippines

OPENING: Kate has led her company to become one of the top 10 performing countries out of over 60 countries. During the pandemic, it has expanded by over 70%. She was recognized as 1 of 10 empowered Filipina Entrepreneurs by the ASEAN Women Entrepreneurs Network. She is a writer, speaker, humanitarian, leadership advocate and mother of 8.

Asia Wellness Forum 2022
Bless Your Heart





08:50 | **Oscar Sanez**

Nutrition Advisor

PRESENTER: Oscar is a trained health and fitness coach with specialization in nutrition for healthy productive living and longevity. He is an ultra-marathoner and follows a strict regimen of a science-based nutrition program. Oscar is a senior executive with 45 years with Procter & Gamble and San Miguel Corp with postings in the Philippines, USA, Japan, Singapore and Australia. He also led the development of the Philippine IT-BPO industry in its early stage as the first CEO of the IT-Business Processing Assoc of the Philippines (iBPAP).



09:00 | **Ramayana Diaz-Garcia**

**Heart and Vascular Specialist
St. Luke's Medical Center**

PRESENTER: Ramanyana works closely with premier health facilities like the Heart Institute of St. Luke's Medical Center BGC and the Heart & Vascular Institute of St. Luke's Medical Center Quezon City. She is also Research Head of the Department of Internal Medicine of Ospital ng Makati.



09:15 | **Pheona Chua**

**Corporate Health and Wellbeing Director
Willis Towers Watson**

PRESENTER: Pheona oversees an active workplace health and wellness consultancy team for premier organizations across the Asia Pacific region. With 45,000 employees in 140 countries and markets, Willis Towers Watson is the leading global advisory, broking and solutions company that helps clients around the world turn risk into a path for growth.





09:25 | **Mariel Barcelon-Cruz**

**Cardiac Rehabilitation Consultant
ManilaMed**

PRESENTER: Dr. Mariel is one of the nation's leading heart and cardiac disease practitioners.



09:40 | **Michael Deakin**

**President & CEO
Lifeline Ambulance Rescue**

PRESENTER: Michael oversees the nation's largest private ambulance organization. The company employs over 400 professionals with a fleet of world-class ambulances and first responders. It is the first ambulance company accredited by the Philippine Department of Health and the trusted provider for visiting dignitaries and world leaders like Pope Francis and Barrack Obama. Michael has taken the unlikely path from the hospitality industry to the business of saving lives.



09:55 | **Dr. Joe Yamamoto**

Thoracic and Cardiovascular Surgeon

PRESENTER: Dr. Joe is a noted cardiovascular-thoracic surgeon and former faculty of medicine and surgery of the University of Santo Tomas. He has been practicing medicine for over 40 years. A proponent of functional medicine, he believes that a strong immune system and a healthy lifestyle are the best protection against COVID.





10:10 | **Dr. Mila Yamamoto**

**Head of the Coronary Care Unit and Cardiovascular Unit
University of Santo Tomas Hospital**

PRESENTER: Mila has been practicing medicine for over 40 years and former Professor of the UST Faculty of Medicine and Surgery. She studied at the Albert Einstein Medical Center in Pennsylvania. She has also been trained in the field of Functional Medicine through the Institute for Functional Medicine in the United States.



10:20 | **Nicanor Austriaco**

**Professor of Biological Sciences & Sacred Theology
University of Santo Tomas**

PRESENTER: Rev. Fr. Nicanor member of the Private Sector Advisory Council (PSAC) where he advises the President of the Philippines on healthcare and pandemic-related matters. He earned an Engineering degree from the University of Pennsylvania and Ph.D. in Biology from M.I.T. He is a doctorate in sacred theology from the University of Fribourg in Switzerland.



10:35 | **Dr. Gilbert Vilela**

**Immediate Past President
Philippine Heart Association-Philippine College of Cardiology**

PRESENTER: Gilbert is considered one of the nation's most prominent advocates of healthy Filipinos hearts. He is one of the nation's most active cardiologists. The Philippine Heart Association (PHA) has approximately 2,000 members throughout the Philippines. PHA has also 20 academic research councils providing clinical practice guidelines certified by the Department of Health and Philhealth that all medical practitioners comply with.





10:45 | **Dr. Rosario Vergeire**

Officer-In-Charge

Department of Health, Republic of the Philippines

PRESENTER: Dr. Rosario is widely known as the spokesperson of the Department of Health since 2015 through the administrations of Benigno Aquino and Rodrigo Duterte. Rosario has a Doctor of Medicine degree from De La Salle College and a Master of Public Health degree from the University of the Philippines.

11:00 | Q+A

11:30 | Closing

