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WHEN "I"
IS REPLACED
BY "WE,"
"ILLNESS"
BECOMES
"WELLNESS"

ASIA
Wellness
FORUM 2021

PRESENTED BY
Kyani

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Together We Can
Change the World

THURSDAY, JULY 8 - 10:30AM - 12:00PM
STREAMING LIVE VIA ASIA CEO FORUM FACEBOOK PAGE

Event Program

10:30 | Invocation – **AJ Rocero** (Area Director, Regus|Spaces)

10:35 | Introduction – Richard Mills



10:35 | **Kate Bellosillo**

General Manager
Kyani Philippines

OPENING: Kate has led her company to become one of the top 10 performing countries out of over 60 countries. During the pandemic, it has expanded by over 70%. She was recognized as 1 of 10 empowered Filipina Entrepreneurs by the ASEAN Women Entrepreneurs Network. She is a writer, speaker, humanitarian, leadership advocate and mother of 8.

Asia Wellness Forum 2021
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10:40 | **Lenny Ravich**

Author, Humor Master, Optimism & Mindfulness Guru

PRESENTER: Lenny is an expert on the subject of humor and laughter and facilitates workshops and presentations on the subjects of "Upgrading Your Humor Quotient as a Work Ethic," and "Optimism For Self Esteem and Peak Performance," throughout the world. He is the author of the best-selling book called "Everlasting Optimism" available on Amazon.



10:50 | **Dr. Jan Dipasupil**

**Lifestyle and Obesity Specialist
Providence Hospital
Healthway**

PRESENTER: Jan is focused on wellbeing and disease prevention, obesity and lifestyle disease management for diabetes and heart disease. He is founding member of the Philippine College of Lifestyle Medicine and Philippine Digital Medicine Society, and active member of American College of Lifestyle Medicine, The Obesity Society (USA), and Philippine Association for Study of Overweight and Obesity



11:00 | **Cathy Turvill**

**CEO
Nurture Wellness Village**

PRESENTER: Cathy oversees the nation's top-rated wellness resort providing spa treatments, natural healing and corporate wellness programs. She is author of the internationally distributed book: Natural Anti-aging CHOICES. Her organic farm "Nurture Farmacy" and camp site is an popular venue for nature themed team building activities and meetings. Cathy also operates Spa & Wellness Professionals, an internationally accredited school.





11:10 | **Master Del Pe**

Global Healing Guru & Spiritual Master

PRESENTER: Master Del Pe is a global leadership expert and life mentor to CEOs and world leaders. He uniquely integrates the best of Eastern Wisdom and Western Practicality by combining his background in engineering, entrepreneurship and martial arts. He is founder of BELife Institute for Higher Consciousness (BIHC), Wisdom Institute for Leadership and Global Advancement (WILGA) and the World Institute for Incurable Diseases (WIID).



11:20 | **Mia Parma**

Chief of Staff

HOPE and Plastic Credit Exchange

PRESENTER: Mia is the key operations head of Mesa ni Misis, a fast-growing non-profit that advocates plant-based nutrition, champions local vegetables, and supports local farmers and underprivileged communities. She is a Sustainable Food Systems Strategist that has created and developed numerous programs for food security, proper food waste management, and sustainable agriculture that serves public schools and ultra-poor communities



11:30 | **Dr. Joe Yamamoto**

Thoracic and Cardiovascular Surgeon

PRESENTER: Dr. Joe is a noted cardiovascular-thoracic surgeon and former faculty of medicine and surgery of the University of Santo Tomas. He has been practicing medicine for over 40 years. A proponent of functional medicine, he believes that a strong immune system and a healthy lifestyle are the best protection against COVID-19.

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**11:40 | Rea Celine Villa****Senior Psychologist
Mind You**

PRESENTER: Rea leads the Mind You health department as the senior psychologist. She is the deputy country chairperson of Global Dignity Philippines, an organization that envisions a world where compassion, understanding and love triumph. She is co-author of the first-ever Filipino Youth Depression Scale which serves as an initial self-assessment tool that measures individual depression tendencies. She is chief psychologist at Pasig City General Hospital.

**11:50 | Laura Putnam****CEO and Founder
Motion Infusion**

PRESENTER: Laura invigorates workplaces for Fortune 500 companies, nonprofit organizations and academic institutions throughout the world. She is focused on providing wellness and human performance improvement to all organizations. Laura has received accolades including the American Heart Association's "2020 Impact" award and the National Wellness Institute's "Circle of Leadership" award.

12:10 | Q+A

12:40 | Closing

