



Event Program

08:30 | Invocation

08:35 | Introduction – Richard Mills



08:40 | **Carmie de Leon**

*Country General Manager
Fullerton Health*

WELCOME: Carmie has more than 30 years of experience in the pharmaceutical and healthcare sectors. In addition to leading operations in the Philippines, she is active in Fullerton Health's environmental, health, and safety initiatives across the region. She is also President and CEO of SWAN, a social enterprise that promotes sustainability and environmental awareness, as well as a certified corporate wellness coach, an inspirational speaker and TV host.

ASIA WELLNESS FORUM 2024
The journey of a healthy life begins with single steps



**08:50 | Ho Kuen Loon**

*Group Chief Executive Officer
Fullerton Health*

PRESENTER: Ho oversees one of the region's largest healthcare providers with more than 550 facilities across 6 countries. Employing 6,000+ professionals, it provides leading-edge healthcare services across Asia. Ho previously was Regional MD for Australia and Indonesia.

**09:10 | Cindy Burdette**

*Chief Commercial Officer
KonsultaMD*

PRESENTER: Cindy is helping to build the country's most advanced and complete health and wellness platform. KonsultaMD is a joint venture among Globe, AC Health and Salud. Designed to elevate corporate and consumer wellness experiences, the company provides online consultations, pharmacy integrations, clinic appointment scheduler and diagnostics. Cindy is well-known in the tech sector and was previously CEO of AllCare, an innovative VC-backed providing worker benefits for freelancers, solopreneurs, self-employed and MSMEs.



**09:30 | Dr. Ryan Ng**

*Stem Cell & Healthy
Aging Specialist*

PRESENTER: Dr Ryan has served as a medical officer in various general hospitals throughout Malaysia. He is currently working actively towards the use of stem cells for the promotion of health, anti-aging and disease prevention. Dr Ryan provides customize treatments, designed for patients after a detailed consultation for healthy aging. He is a strong believer that 'Beauty is from the Inside Out' and that healthcare should also address root causes of diseases instead of the only alleviation of symptoms.

**09:50 | Dr. Andro Sandoval**

*Medical Director
Aon Insurance & Reinsurance Brokers Philippines*

PRESENTER: Dr. Andro is advancing the medical science in the Philippines with Aon's data analytics tool (Aon Pulse) to define health risk profiles of company and better manage healthcare for employees across disease types, key cost drivers to execute effective health risk management solutions. He previously served as medical director of various health management organizations for more than 2 decades. He likewise served as head of medical services committee of the Association of Health Maintenance Organization of the Philippines and as past president and board of directors of Philippine Society of Insurance Medicine.



**10:10 | Dr. Aika Buenavista***Lifestyle & Digital Medicine MD*

PRESENTER: Dr. Aika is a Certified Lifestyle Medicine Physician, an Occupational Health Physician, a Digital Medicine Practitioner and a Corporate Health & Wellness Speaker. She is a Diplomate of the International Board of Lifestyle Medicine and Philippine College of Lifestyle Medicine. She has conducted more than 2,000 health and wellness lectures for different companies both locally and internationally. She has also appeared in different multimedia platforms- TV and radio such as CNN, GMA- 7, Net 25 and TV5.

10:45 | Panel Session**Samantha Bernardo***Miss Grand International 2020 1st Runner-up*

PANELIST: Samantha is one of the nation's highest profile television personalities, hosts and beauty pageant titleholders. She was awarded Binibining Pilipinas Grand International 2020 and represented the Philippines at the Miss Grand International 2020 pageant in Bangkok, Thailand and placed 1st Runner-Up. Samantha is the Spokesperson for Malaria Free Philippines advocating for a Malaria Free Philippines by 2030. In addition to many awards, she received the Asia's Most Iconic Influential Personality in 2022 by Asia's Golden Icons Awards.





Jeffrey Cariaso

Professional Basketball Coach

PANELIST: Jeff has 28 years experience as a professional athlete and coach. He is the current head coach of Blackwater Bossing of the Philippine Basketball Association (PBA). Known as "The Jet," he played for multiple PBA teams, for an incredible 15 seasons. Jeff achievements include: PBA Champion (8 times), PBA All-Star (10 times), MVP of PBA Finals, PBA Rookie of the Year, and many more. He has worked with numerous athletes (local and foreign) to help develop skills, and positive mentality towards the game.



Dioceldo Sy

*President & CEO
Ever Bilena Cosmetics*

PANELIST: Dio started his business selling nail polish while in his twenties. Ever Bilena has since grown into the largest Filipino-owned cosmetics company and a major player with over 1,000 products in the market. He has branched out into diverse ventures in food, health drinks, fragrances, soap and detergents. As a sportsman and team owner, Dio supported several basketball teams that bear the brands of his products, such as Blu Detergent and Shark Energy Drink in the PBL, Ever Bilena Gandang Pinay in the WPBL and Blackwater Sports in the PBA D-League.





James Yap

Professional Basketball Player

PANELIST: James is known by his nickname “Big Game James.” He is widely regarded as one of the greatest players to ever play in the Philippine Basketball Association. James has won seven PBA championships. He has also been recognized as UAAP Most Valuable Player, Mythical Team member (multiple times), PBA All-star starter (4-times), among others. James is also serving his first term as a city councilor for San Juan.

11:15 | Question + Answer

11:30 | Closing & Networking

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